

CERTIFICATE

OF PARTICIPATION

This is to certify that

Maryke Zietsman

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:16:47

PACE 09:34/km

OVERALL 44 of 166

GENDER 13 of 88

OPEN 10 of 51

23 June 2019, Sun

Date



BoutTime